North County Community Food Bank Volunteer Registration

		Phone:
Name: Address:		
City:		Zip Code:
Age group: 14-21 22-5		-
Employer or group affiliation _ In case of emergency notify:		
(Please Print)		
Name:		
Doctor:		
E-Mail address	(Please Print)	
I would like to work doing the f		_
	Filling food boxes	Gffice work
	Special Projects	
Food drives	Fund Raisers	Public Relations
Have truck to haul with	Can help with heavy li	fting
The best day(s) for me to work	<u>is/are:</u>	
🗌 Monday 🗌 Tuesday 🗌	Wednesday 🗌 T	hursday 🗌 Friday
🗌 Saturday / Sunday for special proje	ects	
<u>The best time for me to work is</u>	<u>:</u>	
Morning: 8:30 – 11:30		on: 1:15 – 3:30
Evenings for special projects		
Evenings for special projects		
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